



Health in Hand

368 Queen St CBD Ph: 2222 888

Treatments	⌚ Time (mins)	💰 Basic	🛀 Oil
Head	10	\$15	\$20
Head + Neck	15	\$25	\$30
Neck + Shoulders	20	\$30	\$35
Head + Shoulders + Neck	25	\$35	\$45
Shoulders + Neck + Arms	35	\$45	\$55
Back	30	\$40	\$50
Legs	30	\$40	\$50
Back + Legs	45	\$55	\$70
Shoulders + Neck + Back	40	\$55	\$70
Whole Body	60	\$70	\$90
	90	\$100	\$120
	120	\$130	\$150
Whole Body + Foot Reflexology	90	\$115	\$130
Medical Health Treatments	Time (mins)	Basic	Oil
Stiff Neck	20	\$40	\$50
Tennis Elbow	30	\$30	\$45
Lumbar Muscle Strain	30	\$50	\$60
Sciatica	30	\$50	\$60
★ Prostate	15	\$50	
Lymph Tuina (special for ladies)	20	\$55	
Ovarian Maintenance (special for ladies)	20	\$55	
Foot Reflexology	30	\$45	\$50

www.healthinhand.co.nz

GIFT VOUCHER AVAILABLE



Health in Hand

11 Faber Ave, Mt Wellington Ph: 5791288



Full Body Therapeutic Massage



Time (mins)



Basic

30

\$45



50

\$50

60

\$60



Full Body + Relaxation Massage

30

\$60



60

\$70



Package:

**Full Body + Relaxation Massage +
R. Massage + Prostate Massage**

60

\$100



2 Girls 4 Hands Massage

60

\$160

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