

# THURSDAY

## All Thu Classes Start Oct 24, 6-8.30pm for 6 Weeks

### **BIODIESEL MAKING**

**\$45**  
Learn to make biodiesel from used vegetable oil. Hands-on sessions. We will learn about ways of saving fuel. Easy step-by-step experiments. Materials cost \$25. Notes provided.

Tutor: Melvin Din

### **BOOKKEEPING – Accounting Basics**

**\$45**  
Practical course covering basic understanding of keeping accounts, income, expenditure, GST, PAYE, assets, cash book, Bank Reconciliation, filing and keeping records. Essential for business / job seekers. Notes given. Certificate.

Tutor: Riena Prakash

### **CAKE BAKING & Homemade Goodies**

**\$45**  
Learn how to make cakes, muffins, scones, rolls and tarts, and other homemade delights. 2 recipes are cooked each night.

Tutor: Kathy McMillan

### **CAR MAINTENANCE & REPAIRS**

**\$50**  
Basic car maintenance for the home mechanic. Each week deals with major components, and diagnosis of common faults. Learn how to perform oil change, maintaining and tuning the engine, changing brake pads, engine trouble-shooting, and much more. Practical class. Materials cost extra.

Tutor: Brij Narayan

### **COOK ISLAND LANGUAGE – Beginners**

**\$40**  
Have fun and learn the beautiful language and culture of the Cooks. At the end of the course participants should be able to speak a few basic words and understand the culture. Taught in English and Cook Island Maori.

Tutor: Edwina Strickland

### **LEARNER LICENCE – Road Code Theory**

**\$40**  
**Stage 1 (4 Weeks)**  
You will be taken through the NZ road rules and the information you need to prepare for the Road Code Theory test. Before the end of the course you will be shown how to test your knowledge and skills on the computer. Testing Fee is extra \$96.10.

Tutor: Kerri Tavaga

### **LITERACY Reading, Writing & Spelling**

**Adult Literacy \*No Early Bird Discount** **\$15\***  
For English speakers who wish to improve their basic reading, writing and spelling skills and gain confidence in a supportive group.

Tutor: Shoimi Payak

### **MOSAICS**

**\$40**  
Our Tutor will help you create a wonderful mosaic art project using broken tiles, china, then move on to other pieces. On the first night you will learn the technique of cutting and gluing. Bring your own materials.  
Tutor: Monica Fa'Alava'Au

# ST JOHNS CHURCH CENTRE

Hunters Corner, Papatoetoe | T: 278 2746 Weekday Mornings | E: [centre@stj.org.nz](mailto:centre@stj.org.nz)

Earlybird Discount does not apply to St Johns Courses

### **ADULT LITERACY & NUMERACY**

**\$20**  
**Mon Oct 14 (8 Weeks), 12.30-2.30pm**  
For English speaking adults who would like to improve reading, writing, spelling or basic numeracy skills.

Tutor: Esther Ho

### **ART & CRAFTS**

**\$20**  
**Tues Oct 15 (8 Weeks), 12.30-2.30pm**  
Materials costs extra.

Tutor: Monica Fa'alava'au

### **ESOL (Elementary)**

**\$30**  
**Mon Oct 14 / Wed Oct 16 (8 Weeks), 9-11am**

English conversation, reading and writing at elementary to intermediate level. For people who have immigrated to New Zealand and want to improve their confidence in using English. Enrol for two lessons each week.

Tutor: Karen Deetlifs

### **PERSONAL DEVELOPMENT**

**\$35**  
**Tues Oct 15 (8 Weeks), 12.30-2.30pm**

**Mind Power and Self Esteem**, based on book by John Kehoe. Take charge of your life! Visualise and affirm your way to success. Overcome those limiting beliefs and build your self esteem. A self-empowering programme designed to give you the tools and techniques to change those negative thought patterns that keep you from creating the life you want to live. Separate payment of \$15 for the book.

Tutor: Fay Stockill

### **SALSA for Beginners**

**\$40**  
**Wed Oct 23 (8 Weeks), 9.30-11.30am**

This introductory class will teach the basic movements and steps of this Latin American dance style. Why not try something new! This is a great way to exercise and to maintain your mental and physical health. Learning salsa provides mental stimulation, helps with concentration and memory and will improve your flexibility, coordinator, leg strength and balance. The class includes a segment on breathing and relaxation, plus tips on hecthing eating, emotional and physical wellbeing ... and lots of fun learning about the fascinating and effisive Latin American culture. No partner is required and no previous dance experience is necessary. Wear shoes that are comfortable for dance/exercisss. This is a slow dance class and so is suitable for most fitness levels.

Tutor: Luz Mery Johnstone

### **SPANISH - Learn to Speak Spanish**

**\$40**  
**Tue Oct 22 (8 Weeks), 9.30-11.30am**

Did you know? Learning a new language at any age is great for providing mental stimulation,

maintaining cognitive skills, and improving memory and concentration. This class is designed for beginners and will focus on grammar and vocabulary and the development of speaking, reading and listening skills. By the end of the course you will be able to cope with the most common everyday situations by asking and answering simple questions. You will be taught by a native Spanish speaker who promises a dynamic and enjoyable experience! Small charge for photocopying. Bring pen and paper to class.

Tutor: Luz Mery Johnstone

### **TAI CHI & QI GONG (2 Separate Classes)**

**\$40**  
**Mon Oct 14 (8 Weeks), 12 Noon-2pm, or**

**Thu Oct 24 (8 Weeks), 7-9pm**

Tai Chi is a traditional martial art. Qi Gong is a series of breathing exercises following the principles of traditional Chinese medicine. The method of Tai Chi Qigong 18 movements has been used in many Asian countries as a complementary medical treatment to stimulate the healing process of many common diseases. Benefits include mental and physical relaxation and improvement in coordination, balance and the function of internal organs. This course will cover the theory and practice of the fundamentals of classical Chinese medicine and energy management for a well balanced and healthy life. Suitable for beginners and those with experience. Wear loose clothing, suitable footwear and bring water bottle.

Tutor: Orlando Garcia

### **WATERCOLOUR & SOFT PASTEL PAINTING**

**\$40**  
**Tue Oct 22 (6 Weeks), 9.30am-12 Noon**

In a relaxed atmosphere and with an experienced tutor, you will be introduced to the techniques of painting with watercolours and soft pastels. Drawing as a basic skill for painting will be part of the course. Suitable for beginners and experienced students. Materials list given on enrolment. Photocopying costs \$3.

Tutor: Hanneke de Graaf

### **YOGA for Beginners**

**\$40**  
**Tue Oct 22 (8 Weeks), 7-9pm**

Yoga is for everyone! This class is designed for beginners (but also suitable for those with a little experience) with a focus on flexibility and relaxation. It brings an awareness of correct posture and breathing. Bring a yoga mat/foam bedroll, a large towel and light blanket for relaxation. If possible avoid eating 2-3 hours before class.

Tutor: Isobel Murphy

# AOREERE COLLEGE

Adult and Community Education

**T: (09) 279 0671**

**E: [acecoordinator@aoreere.ac.nz](mailto:acecoordinator@aoreere.ac.nz)**

**W: [www.aoreere.ac.nz](http://www.aoreere.ac.nz)**

**W: [www.localist.co.nz/laoreere](http://www.localist.co.nz/laoreere)**

# AOREERE COLLEGE



## Adult & Community Education

# Oct 2013

Selfs Road  
off Portage Road  
Papatoetoe

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Selfs Road  
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Papatoetoe



# Term 4



# TO ENROL

## (09) 279 0671

<b>Email:</b>	acecoordinator@aorere.ac.nz		
<b>Post:</b>	Aorere College Adult and Community Education PO Box 23 084 Hunters Corner, Manukau 2155		
<b>Website:</b>	www.aorere.ac.nz & www.localist.co.nz//aorere		
<b>Course Fees:</b>	<table border="1"> <tr> <td>Cash</td> <td>Cheque</td> </tr> </table>	Cash	Cheque
Cash	Cheque		
<b>Online Payment:</b>	Refer details on <a href="http://www.localist.co.nz//aorere">www.localist.co.nz//aorere</a> <b>Email confirmation of your payment is required</b>		
<b>Non Permanent Residents:</b>	<b>Non Permanent Residents are charged an extra 50% on class fee</b>		
<b>\$5 Early Bird Discount:</b>	<b>Pay by Thu Oct 17 and receive \$5 off any Aorere ACE Course. *Note - some courses already discounted - No Earlybird</b>		
<b>Enrolment and Payment Office Hours::</b>	<b>To Community Education Office 9am–4pm Mon Oct 7 to Thu Oct 17 2013</b>		
<b>Early Bird Date:</b>	<b>Pay By Thu Oct 17 for Earlybird Discount</b>		
<b>Refund Policy:</b>	<b>\$10 Admin Fee will be deducted if you withdraw after First Class Full Refund if the class is cancelled No refund after first week of class</b>		
<b>During Term Community Education Office Hours:</b>	<b>Mon–Fri: 9am–2pm Tue /Wed /Thu: 6pm–7.30pm:</b>		

## Term 4 2013 Enrolment Form

Date	Course Name		
First Name	Family Name		
Address - Street			
Suburb			
Telephone - Day	Telephone - Evening	Mobile	
<input type="radio"/> NZ Citizen	<input type="radio"/> NZ Permanent Resident	<input type="radio"/> Non Permanent Resident (Add 50% to Course Fee)	
Email			
Course Title	Fee		
Course Title	Fee		
Receipt No.	Method of Payment	Total Paid	

# TUESDAY

All Tues Classes Start Oct 22, 6–8.30pm for 6 Weeks

**AUTOCAD – Computer Aided Draught'g \$60**  
Learn to draw with precision using AutoCAD 2011. With computer-aided design software replacing the old “T” square, knowledge in AutoCAD is becoming sought after. Our beginners course will take you through 2D draughting techniques used in Industry. Notes given. Limited Numbers. Certificate.  
Tutor: Cristina Deukett

**BEAD JEWELLERY for Beginners \$45**  
Beading class takes you from dirab to fab with handmade jewellery. Take home a beading project each class. Materials list given on first night. Bring \$5 for first night materials.  
Tutor: Katherine Grey

**CLOTHING – DIY Upcycling of Garments \$45**  
Reinvent that used garment you have that's just too good to give away, but has gone out of fashion. From concept, to deconstruction, reconstruction and fitting. Find out about making patterns from garments and how to make alterations. Some sewing skills preferable.  
Tutor: Aisne Williams

**DIGITAL PHOTOGRAPHY for Beginners \$45 (4 Weeks)**  
Learn how to take beautiful photos and make works of art. Make the most of your camera and learn how to use DSLR cameras. Learn what makes a great photo through lighting, focus, set, exposure, subject and depth of field. Explore good photography skills and making your photos come to life with exquisite detail and post editing. BYO DSLR camera.  
Tutor: Muzaffar Ali

**ENGLISH LANGUAGE – ESOL – Tue & Wed \$40**  
Experienced teachers offer 3 different levels. Learn to speak, listen, read, write and understand everyday English used in New Zealand. Develop English speaking skills and pronunciation. Certificate.  
**English – Absolute Beginners** – for those who have no English at all. Basic skills of alphabet, simple vocabulary, pronunciation.  
**English – Intermediate** – For those who can understand English speakers and can make themselves understood but now want to make steady improvement in all English skills – listening, reading, writing, speaking, grammar.  
**English - Advanced:** For students who are becoming confident with English but need to develop fluency in language and grammar.  
Tutors: Shomi Payak / Sachendra Nand

**INDIAN COOKING \$45**  
Hands on course where you will learn to make Indian dishes such as curry, chutney and roti, and more. Both vegetarian and non-vegetarian dishes, with indian spices. 1-2 low cost dishes each week.  
Tutor: Anuradha Chandra

**LEARNER LICENCE – Road Code Theory \$40 Stage 1 (4 Weeks)**  
You will be taken through the NZ road rules and the information you need to prepare for the Road Code Theory test. Before the end of the course you will be shown how to test your knowledge and skills on the computer. Testing Fee is extra \$96.10.  
Tutor: Kerri Tavaga

**MS EXCEL SPREADSHEETS – Beginners \$45**  
Essential business skill. Learn how to enter and edit data, insert/delete/rows/columns, format cells, icons, chart/graphs, creating formulas, addition, subtraction, multiplication, division and lots more. Computer skills essential. Certificate.  
Tutor: Florinda Reyes

**MYOB – Computerised Accounting \$55 for Small Business**  
Operate and manage your accounts using “Mind Your Own Business”. Covers set up procedures, debtor/credit card, listings, sales/purchases, invoicing, payments, GST, and much more. Must have knowledge of accounting. Basic computer skills needed. Notes given. Certificate.  
Tutor: Saleen Reddy

**NZ DEFENSIVE DRIVING \$140 Sth Akl Defensive Driving (4 Weeks)**  
Teaches you to steer clear of danger, recognise hazards and deal with them. For those who have held their Restricted Licence for more than 6 months.  
Enrol: Tel. 278 2779

**PASIFIKA ART \$40**  
Basic art class capturing mood and design with a pasifika flavour. Drawing, pastel painting, and linocuts made in this practical course. Explore your creative side using paint, dye and other forms of stencil items. Ideas to create/display/reproduce artwork. Materials cost extra.  
Tutor: Monica Fa'alava'au

[www.localist.co.nz/I/aorere](http://www.localist.co.nz/I/aorere)

# WEDNESDAY

All Wed Classes Start Oct 23, 6–8.30pm for 6 Weeks

**BELLYDANCE PERSIAN Beg & Beyond 6–7.30pm \$35**  
Persian Belly Dance is the most beautiful form of exercise. This is the “feel good” option for women and is a gorgeous way of keeping the mind and body fit and supple. Suitable for all ages and levels of fitness, with or without dance experience.  
Tutor: Lisa van Doormaal

**BUDGETING Save Money \*No Earlybird \$20\***  
Having trouble budgeting! Take control of your finances with confidence. Assess your current financial position and learn practical tips on budgeting, saving, reducing debt, paying bills and planning for the future. Certificate.  
Tutor: Mohanan Morgagan

**CAKE DECORATING – Beginners \$45**  
Learn how to cover and decorate cakes for those special occasions. Learn the different types of icing, piping, moulded blossoms, leaves, lilies and roses, bows and drapes. Material cost extra. List given on first night. Limited numbers to 16.  
Tutor: Kathy McMillan

**COMPUTER MS WORD for Beginners \$40**  
Come and learn how to operate a computer and use MS Word. In this course the tutor will help you learn the basics - icon, save, text, copy, and past, clip art, etc. Some computer skills essential. Certificate.  
Tutor: Florinda Reyes

**ENGLISH LANGUAGE – ESOL - Tue & Wed \$40**  
Continues from Tues – **Absolute Beginners** – **Intermediate – Advanced**  
Tutors: Shomi Payak / Sachendra Nand

**FLOWER ARRANGING \$40**  
For those wanting to expand their knowledge of floral design. Flowers for home and Church. Floral designs will be completed each night. You will also learn about purchasing of flowers, names of plant materials used. List of materials to bring. **6–8pm.**  
Tutor: Rosemary Weil

**GUITAR – 6 String Guitar - Beginners \$40 BYO Guitar - 6–7.30pm**  
Learn the chords, finger-picking and strumming using popular tunes and songs. You will have fun and learn heaps.  
Tutor: Vernon Katipa

**HARAKEKE – Maori Arts \$40**  
Learn the Maori protocols of Harakeke (tikanga, kawa, karakia, some basic Te Reo) and its basic weaving techniques and art forms. How to weave a putiputi, star, fish, small kete, and much more.  
Tutor: Annie Ah Mui

**HEAVY TRAFFIC LICENCE THEORY \$40 (4 Weeks)**  
Learn the theory to sit the first stage of Heavy Traffic Licence for truck driving. Must hold a full licence. Testing Fee extra.  
Tutor: Kerri Tavaga

**MANDARIN LANGUAGE - Beginners \$40**  
If you would like to learn how to speak Mandarin, come to our night class. All essential skills will be covered, with emphasis on conversation.  
Tutor: Vivian Wang

**RUNNING A SMALL BUSINESS - Planning, \$45 Management & Finances**  
Starting your own business or improving your existing one? This course introduces you to the “know how” required to set up and run a small business. Covers setting up, management, marketing, cashbook, finances, cashflow, trouble-shooting, planning and budgeting. Notes provided. Certificate.  
Tutor: Riema Prakash

Tutor: Muzaffar Ali

**SAMOAN LANGUAGE \$40**

Conversational and written Samoan in everyday situations, and usage through practical oral and written work. Learn and understand the respectful and formal language in daily use. Use Samoan language to communicate in a nuclear family and the community at large.  
Tutor: Misikupa Gasu

**SEWING for Beginners \$45**  
Save money, learn to sew garments for you and your family. Sue will teach you how to lay your pattern on the material, cut out and sew. Bring pattern, material, thread, scissors and pins to first class. Machine supplied.  
Tutor: Sunema Tavaga

**SIGN LANGUAGE – NZ Sign Language \$45**  
Communication skills for deaf people and others with language disability; also for families, employers and social workers. Includes Maori signing.  
Tutor: Richard Peri

**SOCIAL MEDIA FOR BUSINESSES \$55 (3 Weeks from Nov 13)**

Learn how to use the power of social media such as Facebook, Twitter, LinkedIn, YouTube, Pinterest, Google+ and much more to boost your business and advertise for free through the fast growing platforms on the world wide web. Learn what they are all about, how to use them to benefit your small or big business. Create an active online presence and interact with your customers. Maximise social medias with millions of users everyday with online campaigns and see what the internet can do for you and your business.  
Tutor: Muzaffar Ali

**SUSHI MAKING for Beginners \$45**  
Experience the culinary delights of Japan. Make the most of seasonal vegetables and seafood with this delicious and healthy sushi. Course covers making good sushi rice and sushi vinegar, and preparing and presenting roll and nigiri sushi, miso soup making, + much more. Make Maki, Nigiri and Inari style sushi easily at home. Learn about Japanese culinary history and culture. Bring tea towels, sushi mat, sharp knife, cutting board, and a container to take your sushi home. \$6 Materials cost for first night. Materials list given.  
Tutor: Harumi Sasaki

**TIEDYE, BATIK AND SCREENPRINT'G \$40**  
Tiedye using different ways of folding, scrunching, tying. Screenprint using cheap tools. Work with fabric paints, wax/paraffin and produce unique designs. Materials extra.  
Tutor: Aisne Williams

**WEBSITE DESIGN FOR BUSINESSES \$55 (3 Weeks from Oct 23)**  
Learn how to create easy, user friendly quick websites online for your business ready to go by the end of the course. No need to learn complicated software. No coding required. Simply use the internet to create a custom website suited to your business. Have items to sell? Why not sell them online too, and reach customers all over the world with e-commerce site building. Take the hassle out of website design and boost your business online.  
Tutor: Muzaffar Ali