

THE MUSTARD EED MALAYSIAN CAFE & RESTAURANT 芥菜種馬來西亞咖啡店荼餐廳

Some of our ingredients...





















Mustard Seeds:

A popular spice of ancient origin for curries, rich in protective, disease-countering phyto-nutrients, vitamins and anti-oxidants. They come in three varieties: the black and the brown mustard seeds are the smallest and hottest, whereas the yellow-white variety is larger and milder. It is the cuteness of this spice that inspires the beginning of our restaurant!

Candlenuts

A hard, pale, waxy nut looks like a large hazel nut of 20mm. Good for adding flavour as well as a thickening agent, the nuts are typically ground before use and they should never be eaten raw.

Cardamom

A very aromatic spice of Indian origin, available in forms of pods, whole seeds or ground. These pale green oval pods are tightly packed with spicy, sweet, pungent, brown or black seeds. Pods are lightly bruised or crushed fully before use.

Coconut milk and Cream

Both are made by squeezing freshly grated coconut flesh. The difference is that the cream is richer, and has less water content compared to the milk. They add a subtle touch of the tropical island flavour to the Malaysian cuisine.

Coriander

The aromatic, green leafy herb is the most common herb in Asian cooking. The whole plant is useable – roots, stems and leaves, as well as the seeds. The seeds of coriander can be roasted and ground to get the best effects.

Important for the flavours in curry powders and pastes, this nutty flavoured aromatic spice is available both as seeds or ground for curries and pastes.

Curry Leaf

Contrary to popular belief, this spice with its natural, spicy, toasty curry flavour does not come from a "curry plant". Try our Nestum Prawns to experience the magic of these small, pointed, little leaves.

Dried shrimp

Tiny, salted shrimps that have been dried in the sun. Add real good flavours to dishes and sauces. Care should be taken as they can be intensely flavoured and salty. They are usually roasted before use.

Galangal

While related to ginger, its taste is different from ginger. Pinkish in colour, galangal has a distinctively citrusy, earthy aroma.

Fish Sauce

A brown, salty sauce with a characteristic 'fishy smell. This is traditionally made from small fish that has been fermented under the sun for a long



Laksa Leaf

Also commonly known as 'Vietnamese mint'. This trailing herb with narrow, pointed, pungenttasting leaves does not belong to the mint family at all despite its common name. Its flavour resembles coriander, but slightly sharper, and brightens up our Laksas and Assam Fish!

Lemon Grass

This highly aromatic, thick-skinned herb goes well with many Asian dishes. Often the tough, outer stem is first removed and then thinly chopped before using. This lemon grass is great with "Spicy Prawns".

Palm Sugar

This richly aromatic sugar, extracted from various palm is available in blocks or jars and ranges from pale gold to dark brown. This is a key ingredient of our "Sago Gula Melaka", a well-loved Malaysian dessert of sago pudding.

Pandan Leaf

Used in both savoury and sweet dishes, this long, mildly aromatic leaf is good for wrapping parcels of food to lend a subtle but distinctive flavour to rice dishes.











has a fruity, tart flavour and is a large bean-like pod. The originally acidulous flesh of the tamarind tree fruit can be available as a dried shelled fruit, a block of compressed pulp or as a puree or concentrate.

Tumeric

Star Anise

Tamarind

Belonging to the ginger family, and available in both fresh and dried form, turmeric is best known as a powder. It is often used to colour food to deep yellow or orange. It has a bitter, pungent flavour. Care should be taken when using turmeric as it will stain your hands and clothes.





Saffron Threads

colour and a subtle flavour!

























Appetisers

This reddish orange thread-like stigmas of a crocus flower is considered as the most expensive spice in the world. However, only a very small amount is needed to give a vivid

A pungent brown paste made by salting, fermenting and grinding shrimp cut into fist-sized rectangular blocks. Try our "Sambal Eggplant" and have a go with this amazing sauce. Its fragrance is so unique and exotic, it may not be everybody's cup of tea, but many have become a big fan of it!

An eight-pointed dried pod encasing many tiny shiny seeds. The seed pods add distinctive aniseed taste to long-simmered meat and poultry dishes.

This spice adds a sour note to Malaysian dishes. It

A1. Chicken Satay/Beef Satay Skewered slices of marinated chicken or beef onion, cucumber & peanut-laden satay sauce



A2. Curry Puff (Vegetarian) Deep fried flaky pastry with curry filling of kumara & potato \$6.50

A3. Cucur Udang (Prawn Fritter) Crispy prawn fritters served with satay sauce or sweet chilli sauce \$7.50



A5. Spring Roll (Vegetarian) Crispy spring rolls with mushrooms and vegetables \$6.00

A6. Chef's Mixed Platter (for 2) Selection of Chicken Satay, Spring Rolls, Curry Puffs & Prawn Crackers served with satay sauce & sweet chilli sauce \$11.00



S2. Curry Laksa Fresh yellow noodles, vermicelli, bean sprouts & tofu cooked in a rich coconut curry soup. Chicken \$6.50 Seafood \$7.50 _____



A4. Prawns & Chicken Wonton Deep fried prawn & chicken wontons \$6.50



SOUP & LAKSA (Starter size)

S1. Wonton Soup Chicken and Prawn dumplings cooked with chicken broth and pok choy \$6.50



S3. Tom Yum Soup Spicy & sour soup cooked with mushrooms, onion, lemongrass and tomato. legetarian \$6.00 Chicken \$6.50 Seafood \$7.50

Chicken

C1. Chicken Curry (bone in) 🔪 Malaysian curry cooked in traditional spices & coconut cream \$17.90

> C2. Chicken Rendang (bone in) nicken curry cooked in traditional spices, galangal, lemongrass & coconut cream \$18.90



C4. Lemon Chicken Boneless chicken fillet cooked in tangy lemon sauce \$17.90

C6. Chilli Chicken rips of chicken served with crisp vegetables, dried chilli in our exotic chilli paste \$17.90

C7. Boxing Chicken Lively-looking mini fried chicken in special sweet, sour & hot sauce \$17.90

C5. Sweet & Sour Chicken

Fried chicken pieces cooked in a sweet

& sour sauce \$17.90



C8. Chicken Cashew Nuts Braised chicken strips fried with crisp vegetables & topped with cashew nuts \$17.90

mild Medium Mother

Beef & Lamb

B1. Beef Rendang 🚺 Dry beef curry cooked in traditional spices,

galangal, lemongrass & coconut cream \$19.90



B3. Black Bean Beef Sliced beef stir fried with black bean sauce & vegetables \$18.90



L1. Lamb Curry 🚺 New Zealand tender lamb cooked in traditional South Indian style curry with fresh cream & spices \$21.90

mild medium hot



B2. Ginger Beef Sliced beef stir fried with oyster sauce, ginger & spring onion \$18.90

B6. Black Pepper Beef

Panfried tender beef with onions,

m & cracked black peppercorn \$18.90



F1. Sweet & Sour Fish (whole fish) Deep fried fish cooked in sweet & tangy sauce \$25.9

> F2. Assam Fish (whole fish) p fried fish cooked in assam (tamarind) sauce, tomato, & Malaysian spices \$25.90

F3. Fish Curry (whole fish) Malaysian style fish curry cooked with eggpla tomato, coconut cream and traditional spices \$

F5. Ikan Bakar whole fish, advance ordered) Spicy marinated whole fish grilled in banana leaves \$27.90

P1. Black Bean Prawns Succulent king prawns stir fried in a frag black bean & garlic sauce \$25.90

> P2. Spicy Prawns King prawns fried with traditional spices, lemon grass, curry leaves and fresh chilli \$25.90

> > P4. Butter Prawns (shell on)

Deep fried king prawns tossed with butter,

desiccated coconut & curry leaves \$26.90

P3. Nestum Prawns (shell on) 🔪 King prawns tossed with egg, nestum butter, chilli padi & curry leaves. Highly recommended! \$26.90



P5. Assam Prawns King prawns cooked in a traditional Malaysian assam (tamarind) sauce \$25.90



Vegetables

V1. Stir-fried Seasonal Vegetables Stir fried mixed seasonal vegetables with garlic & oyster sauce \$15.90



'3. Kangkong Belachan (seasonal) Stir fried kangkong with shrimp paste sauce, garlic and chilli \$17.90



V2. Bok Choy Delight ned bok choy topped with mince prawns, onions & shiitake mushroom \$16.90

V4. Sambal Eggplant

ggplants in spicy sambal sauce \$17.90



V6. Braised Egg Plants Eggplant cooked in oyster sauce with chicken, ginger & vegetables \$16.90

> N5. Mamak Mee Wok fried fresh yellow noodles cooked wi seafood, bean sprouts, fresh chives, tofu, tomato sauce & chilli sauce \$15.90



N7. Vegetarian Fried Rice Fried rice with eggs & mixed vegetales \$1



Stired fried eggplants in our exotic seafood



7. Penang Tofu Deep fried tofu topped with chef's sweet chilli sauce, sliced carrots, cucumber, onion,

crushed peanuts & sesame seeds \$15.90

V8. Seafood Tofu

ty tofu in our exotic seafood sauce \$16.90



V9. Black Bean Tofu Soft tofu cooked with chicken in a fragrant blo ginger & garlic sauce served with vegetables

mild medium hot

V5. Seafood Eggplant

Noodles / Fried Rice Side Orders

N1. Char Kway Teow Wok fried fresh flat rice noodles cooked w chicken, egg, bean sprouts & fresh chives

> N2. Mee Goreng (Char Mee) ied fresh yellow noodles cooked with seafood, chicken, egg, bean sprouts & chives \$15.90

N3. Wat Tan Hor Fresh flat rice noodles in a thick egg gravy, with chicken, seafood & pok choy \$15.90

N4. Char Mee Hoon Wok fried vermicelli with seafood, chicken, egg, chives & bean sprouts \$15.90



N6. Nasi Goreng Malaysian style fried rice with chicken & mixed vegetables \$15.90

> *Items may subject to change without notice. Pictures are for reference only.* Spiciness adjustable on request for most dishes.

R1. Roti Chanai Flaky Malaysian bread (plain) \$2.50

R2. Garlic Chanai Flaky Malaysian bread with garlic butter \$3.0

R3. Cheese Chanai Flaky Malaysian bread with cheese \$3.00

R4. Roti Set Flaky Malaysian bread served with dhal (lentil) gravy and chicken curry gravy \$8.00

R5. Steamed Jasmine Rice

R6. Lemak Rice (Coconut Rice)

R7. Chicken Flavoured Rice \$3.00



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