

Hands-Free Massage For Better Health

Beautiful You spoke with Michael Haskell, Managing Director of Migun Medical Instruments Ltd, to find out more about the Migun Massage bed.



Michael Haskell

How does the Migun Thermal Massage System work?

The equipment combines three proven treatments; deep tissue massage which softens and warms the muscles, acupressure which helps to jump-start lymphatic drainage and detoxification, and far infrared heat therapy which aids in detoxing at a cellular level. The treatment also acts to gently decompress the spinal column. This is especially beneficial for sufferers of back pain, pinched nerves, sciatica and migraine headaches.

Tell us more about detoxification – how does this work and what are the benefits?

The system offers a very significant level of detoxification because it combines many of the treatments used specifically for this purpose. Warm deep tissue massage unlocks a lot of the toxins that have been trapped in the muscle fibres, while infrared therapy detoxs by resonance at a cellular level. And of course, acupressure is hugely beneficial in the detox process. Detox is good for general wellness and is very important for those who are suffering from a known toxicity or have symptoms such as psoriasis or acne that may be indicative of toxic accumulation.

What does the Migun Thermal Massage System feel like?

Each treatment generally lasts around 35 minutes and because there is no need to remove any clothing (except shoes and heavy items such as jackets), the treatment itself is completely non-invasive allowing deep relaxation with no downtime and no need to wash off oils or shower afterwards. The massage itself feels warm, relaxing and

The Migun Thermal Massage System combines the benefits of deep tissue massage, acupressure and heat therapy in a relaxing, easy to use massage bed. Developed in 1988, the Massage System has experienced growing international demand and is now providing significant therapeutic benefits for New Zealanders.



very stress relieving. Various settings can be adjusted to individualize the level of pressure and heat.

What treatment regime do you recommend?

Treatment frequency is dependent on individual concerns and goals. For users who just wish to enjoy stress-relief and detox then a few times per week would be fine. Those suffering from chronic back pain or similar disorders would benefit from using daily or every second day.

What other benefits does the system offer?

Clinical studies have proven the equipment reduces blood glucose levels, blood pressure and provides a boost to the immune system by significantly increasing the amount of natural killer cells and white blood cells in the bloodstream.


Where can I have treatment?

In Auckland, treatment is available at our Ponsonby wellness clinic in the Three Lamps Arcade on Ponsonby Road. We also have a long list of health professionals offering the service nationally, for details contact our main office on 09 361 3651.

Can I have a Migun Thermal Massage System at home?

Yes, the system is ideal for long term use within the home and requires no medical background. Our technicians will install and provide all necessary training. Each system also includes user manuals and a one-hour DVD tutorial.

Does Migun Ltd offer franchise opportunities?

Yes, we are actively seeking business partners who have an interest in the health and wellness industry. We provide training and offer a unique opportunity within an industry that is experiencing significant growth. 



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