



MIGUN
Wellness Clinics



Detox Process >>>

When muscles are overworked, they ache.

When those muscles continue to be put to work, they eventually stop aching. This is the basic concept of an improvement reaction.

Acupressure and far-infrared rays, generated through the all natural jade massage heads, penetrate into your blood stream, stimulate blood cells, and increase circulation. This process will dissolve toxic materials and waste in your body. Your body's initial reaction to an overworked lymphatic system (which is normally responsible for moving toxins out of the body) is to find another way to dispose of toxins. Commonly, skin irritation, nausea, or perspiration can occur to excrete toxins.

On an average, improvement reactions show within three to five days after use. However, everyone is different, therefore reactions may vary. For some people, improvement reactions show after three weeks, and in extreme cases as much as six months to a year after continuous use.



Improvement Reactions

Everyone experiences different improvement reactions, but it is hard to determine who will go through which symptom or when. Any improvement reaction is normal and healthy because it leads to a healthier body.

Improvement Reaction	Health Improvement
Dizziness, chest congestion, increased heart rate, facial redness	Improvement of heart conditions
Increased phlegm or dry throat	Improvement of bronchial tube and/or asthma
Tearing eyes	Improvement of eye problem; cataract or glaucoma
Runny nose	Improvement of emphysema
Extreme fatigue, lack of enthusiasm, easily annoyed	Improvement of heart, diabetes and/or general health improvement
Back pains or side pains	Spine and ribs taking their correct position
Easily fatigued, red spots around the neck area	Improvement of liver
Swelling of feet and hands; unclear, oily urine	Improvement of kidney
Nausea	Gastric ulcer condition improving
Temporary increase in blood pressure, or lower blood pressure	Improvement in high blood pressure
Sudden loss of appetite	Improvement of pancreas
Skin irritation	Improvement of skin
Temporary excessive pain in joints	Improvement of arthritis

Remember: Continue to drink lots of water. A minimum of 8 glasses, or for better results, a gallon of water per day when going through the detoxification process.

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