

Celebrate  
Summer

Summer 2011

Health & Wellness Advice

## Endless Summer

### NEW instore – Tan Airbrush in a Can!

Long lasting, quick dry formula with a 360° nozzle application and soft cocoa butter scent.

For streak free, radiant summer skin all year round with a natural tan colour.

Tan Airbrush in a Can **\$39<sup>99</sup>**

### FREE MODEL CO 'SHIMMER'\*

A can of gorgeous instant shimmer for face, body & hair.

\*Free gift with purchase of Tan Airbrush in a Can strictly while stocks last. Distributed by BDM Grange, Akl



**+ FREE GIFT!**  
VALUED AT \$17.99!

## A more radiant you...

Qsilica – scientifically researched products for healthy skin, hair and nails

Qsilica Colloidal Silica Gel and Capsules are taken as a dietary supplement. They deliver microscopic particles of suspended mineral Silica for easy absorption by the body. Silica is important for the healthy growth and functioning of skin, hair, nails and teeth, and plays a key role in the production of collagen in the skin.



**SAVE 25%**

Qsilica 50 caps **\$29<sup>99</sup>**    Qsilica Gel 500ml **\$29<sup>99</sup>**    Qsilica 100 caps **\$55<sup>99</sup>**

Supplementary to a balanced diet. Distributed by Lifestream, Akl



## SUNSCREEN SPECIALS!



**NEW**  
Zinc Sticks Trio  
**\$17<sup>99</sup>**

Sun Sense  
**\$24<sup>99</sup>**

Distributed by BDM Grange, Akl

Distributed by Douglas Pharmaceuticals, Akl

> For the best advice come and see us soon



Please feel free to call us on



# Summer survival



# Weight and wellbeing

## Le Tan Sunscreen Oil & Lotion SPF30+

Stay protected this summer with these great products from Le Tan!

**Coconut Oil**  
125ml  
**\$14<sup>99</sup>**



**Coconut Lotion**  
500ml  
**\$28<sup>99</sup>**



Distributed by BDM Grange, Auckland

**Buy one**  
*get one free!*

**GREAT VALUE**

**Chapstick protects and cares for lips**

Available in:

- Strawberry
- Classic
- Lip Conditioner

**Chapstick**  
2 x 4.2g

**\$5<sup>99</sup>**  
each



Avoid long exposure to the sun.  
Pfizer Consumer Healthcare a division of Pfizer NZ Ltd.

## Soothe after the sun

Cooling, soothing and nourishing after sun relief with added Vitamin E which helps retain moisture and aids healing. Fragrance free NZ made Aloe+ comes in three handy sizes of 50g, 100g & 200g.

**aloe+**

**Aloe Vera Gel + Vitamin E**

**\$5<sup>99</sup>**  
50g

**\$8<sup>99</sup>**  
100g

**\$13<sup>99</sup>**  
200g



Distributed by Synergy NZ Ltd



Help avoid diarrhoea and stomach upsets by making water safe for drinking, cleaning teeth and washing fruit and vegetables, by killing water borne organisms that cause stomach disorders.

**Water purification tablets are ideal for:**

- Rain, river, lake, standpipe and tap water
- Camping, trekking and backpacking
- Boating and yachting
- Holidays and foreign travel

**Aquatabs \$11<sup>99</sup>**  
50 tablets

Valeant Pharmaceuticals NZ Ltd, Auckland.

## Prevent travel sickness

SEA-LEGS have been specially formulated to provide effective relief for all the family whether travelling by car, plane, boat or bus. Taken the previous night or an hour before travelling they will help prevent sickness or take them for relief when you feel sickness coming on.

**SEA-LEGS \$11<sup>99</sup>**  
12 tablets



To be taken before or one hour prior to travel. Adults and children over 12 take two tablets. Children 6-12 years take one tablet and children under 6 years take half a tablet. SEA-LEGS can remain active for 24 hours. SEA-LEGS may cause drowsiness and affect the ability to drive vehicles or machinery. Not recommended in pregnancy. Valeant Pharmaceuticals NZ Ltd, Auckland.

## Feel great!

Berocca Focus 50+ is a performance multivitamin specifically tailored to meet the needs of people aged 50+ and helps support alertness, clarity and stamina. Based on a clinically-studied formula of vitamins and essential nutrients which work to help mental agility and physical stamina over the long term when taken daily.

**Berocca® Focus 50+ \$19<sup>99</sup>**  
30 tablets



Vitamins are supplementary to a balanced diet. Bayer New Zealand Limited, Auckland

**FACT**

## Did you know that 1 in 4 New Zealanders ARE OBESE?



For many people weight management is a series of ups and downs. Clinicians SlimWaist supports you with weight management by helping:

- Manage appetite
- Manage hunger pains
- Helps reduce your portions of snacking
- Enhance endurance and energy (non stimulant)
- Mood balance!

**Clinicians SlimWaist**  
50 tablets

**\$64<sup>99</sup>**

Use with a balanced diet and exercise.  
Slimaluma® is a trademark of Gencor Nutrients, Inc.

## Join the free SlimWaist Club and Get Your FREE Diet Plan!

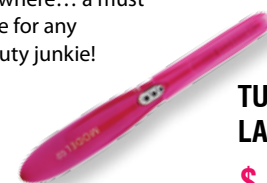
The SlimWaist Online Club offers a 4 week program with Naturopathic advice and regular email updates to keep you motivated.

Plus get your free Food Diary and Diet Plan for guidance. During the 4 weeks you will receive information from Clinicians Naturopaths on a total appetite management experience, including videos, links, articles and tips. [www.slimwaist.co.nz](http://www.slimwaist.co.nz)

## Get amazing lashes

**TURBO LASHWAND**

Time to say "goodbye" to your outdated manual eyelash curler. TURBO LASHWAND'S advanced technology and superior heating mechanism perfectly curls lashes within seconds! TURBO LASHWAND is battery operated so you can use it anytime, anywhere... a must have for any beauty junkie!



**TURBO LASHWAND \$44<sup>99</sup>**

Distributed by BDM Grange, Auckland

## Keep your skin soft and smooth

Bio-Oil® is a specialist skincare product for the face and body, specifically formulated to help reduce the appearance of scars, stretch marks and other forms of blemished skin as well as hydrating the skin.

Bio-Oil® contains a combination of Vitamin A, Vitamin E, Calendula, Lavender and Rosemary oils and Chamomile extract.

**Bio-Oil® \$15<sup>99</sup>**  
60ml



Distributed by BDM Grange, Auckland

## Osteoarthritis slowing you down?

Clinically proven for temporary relief of local pain and inflammation associated with mild forms of osteoarthritis of the knee and fingers.



**Voltaren Osteo Gel** From **\$27<sup>99</sup>**  
75g

Voltaren Osteo for short term relief of local pain and inflammation. Consult your pharmacist if you require further information. Novartis Consumer Health Australasia Pty Ltd, Auckland

## Support Healthy Weight Management, Naturally!

Lifestream's FucoCai™ contains a unique blend of two botanicals Kombu (seaweed) and Acai. Who would have thought that seaweed, could contain a constituent beneficial to healthy, natural weight management.

The component doing all the work is Fucoxanthin, a marine carotenoid naturally found in edible seaweed, which is responsible for its distinctive colour.

Fucoxanthin has shown to have beneficial effects for metabolism by supporting normal thermogenesis. But unlike other thermogenic ingredients such as caffeine, it doesn't stimulate the nervous system to cause unwanted effects such as anxiety and increase your heart rate.



- Supports a healthy metabolism
- Helps protect cells from oxidative damage
- Naturally rich in iodine and provides a rich source of phytonutrients
- 100% Vegetarian and Vegan and free from all artificial additives

**Lifestream FucoCai™ \$43<sup>99</sup>**  
90 capsules + 20 free

Use with a balanced diet and exercise.

Visit [www.lifestream.co.nz](http://www.lifestream.co.nz) for more information.

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. If symptoms persist or you have side effects, consult your pharmacist or doctor. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 26 November to 10 December 2011 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP). Advertised products may not be available at all participating pharmacies.



# Allergy care



## Herbal support for your sinuses

- Support for natural response to allergens
- Supports natural defences against allergens
- Powerful triple-strength formula

**Natures Own Garlic + C, Horseradish**

60 tablets

**\$20<sup>99</sup>**



**BEST BUY**

Always read the label and take as directed. Dietary supplements should not replace a balanced diet. Sanofi Consumer Healthcare, Auckland.

## Telnase – hit hayfever head on

Telnase can be used to prevent nasal congestion and the onset of allergy symptoms if used according to instructions, before exposure to allergens. Telnase is also formulated to stay where it sprays<sup>1</sup>, its formulation reduces the runoff down the back of the throat, minimising any after taste.

Telnase is:

- unscented
- a once-a-day formulation
- an easy to use nasal spray

**Telnase \$24<sup>99</sup>**

Nasal Spray



For the prevention and treatment of hayfever. Seek medical advice prior to use if you have an infection in the nose. Do not use during pregnancy or lactation except on medical advice. Telnase is generally well tolerated. Full product information is available on request from Sanofi Consumer Healthcare, Auckland 0800 88 22 66.

## Anthisan takes away the itch

Small insects can be a big nuisance over summer. They bite and sting and leave you with an itchy inflammation that can spoil your fun on the sunniest day. Fortunately, there's an effective solution. A topical antihistamine formulated to reduce the irritation<sup>1</sup>. Keep a tube of Anthisan cream in your first aid kit and you'll be ready for the problems typically caused by insect bites and stings. It provides relief from itching and irritation and is suitable for the whole family to use.

**Anthisan Cream \$13<sup>99</sup>**

25g



EXTERNAL USE ONLY. Do not use on broken skin. For further information contact Sanofi Consumer Healthcare, Auckland 0800 283 684. (1) Data sheet NZmep080801.

## Hayfever relief

Provides dual action relief, treating the symptoms of hayfever and sinus congestion.

**Maxiclear Hayfever & Sinus Relief**

30 tablets

**\$19<sup>99</sup>**



AFT Pharmaceuticals Ltd, Auckland, NZ.

## Telfast – once a day

Telfast is non-drowsy and provides fast acting 24 hour relief from the symptoms of hayfever, allergy, itchy skin/rash and hives.<sup>1</sup>

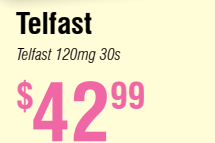
- ✓ Sneezing
- ✓ Runny or itchy nose
- ✓ Itchy throat
- ✓ Red, watery and itchy eyes



**Telfast**

Telfast 180mg 30s

**\$49<sup>99</sup>**



**Telfast**

Telfast 120mg 30s

**\$42<sup>99</sup>**



For the symptomatic relief of hives and seasonal allergic rhinitis. Adults and children twelve years and older take one tablet daily. Full product information is available on request from Sanofi Consumer Healthcare 0800 88 22 66. References: 1. Telfast data sheet NZlex080102.

## Live CLARATYNE® Clear

Claratyne® (loratadine) treats the everyday symptoms associated with hayfever, working quickly to relieve sneezing, a runny nose and itchy eyes. Clear your hayfever symptoms fast with non-drowsy, once-a-day Claratyne®<sup>1</sup>.

CLARATYNE® – for the symptomatic relief of seasonal and non-seasonal allergic rhinitis and allergic skin conditions. Registered Trademark of Merck Sharp & Dohme (NZ) Ltd, Auckland, New Zealand.



**Claratyne**

10 tablets

**\$15<sup>99</sup>**



30 tablets

**\$42<sup>99</sup>**



100ml syrup

**\$15<sup>99</sup>**

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. If symptoms persist or you have side effects, consult your pharmacist or doctor. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 26 November to 10 December 2011 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP). Advertised products may not be available at all participating pharmacies.

# Break away from pain

## Rapid pain relief

Voltaren Rapid can provide you with muscle and back pain relief to help you get moving again. It is available in different strengths, so come and see your pharmacist and find out if Voltaren Rapid is suitable for your pain condition.



**Voltaren Rapid 25mg**

30 tablets

Talk to your pharmacist



**Voltaren Rapid 12.5mg**

20 liquid capsules

**\$12<sup>99</sup>**

**Liquid Capsules!**

Voltaren Rapid 25mg is a Pharmacist Only Medicine. Your Pharmacist's advice is required. Do not use if you suffer from a stomach ulcer or if you have ever had an allergic reaction or asthma attack after taking diclofenac or any other anti-inflammatory medication such as aspirin. Consult with your doctor or pharmacist before taking Voltaren Rapid if you suffer from asthma, have heart, kidney or liver disease, have high blood pressure, or have a bleeding disorder. Do not take Voltaren Rapid if you are pregnant or breast-feeding except under medical supervision. Incorrect use can be harmful. Novartis Consumer, Auckland.

## Double action relief from pain

Double action relief from pain and fever – only Maxigesic® combines Paracetamol 500mg plus Ibuprofen anti-inflammatory 150mg.



**Maxigesic® \$14<sup>99</sup>**

32 tabs

**FREE!**  
Dental Care Kit  
with purchase



\* Available with Maxigesic 32s only while stocks last. Incorrect use can be harmful. Do not use if you have asthma or a stomach ulcer. Do not use in children under 12 years or if you have kidney disease. AFT Pharmaceuticals Ltd, Auckland, NZ. NZ Patent No. 552181.

**NEW**

**Superior Pain Relief  
Stronger for Longer\*<sup>1,2</sup>**



**Nuromol**

24 tablets

**\$15<sup>99</sup>**

NEW Nuromol pain reliever uses Synchro-Tech™ technology to provide pain relief\* from:

- Headaches
- Migraine Headache
- Rheumatic Pain
- Period Pain
- Backache
- Sore Throat
- Dental Pain
- Muscular Pain

▶ Available front of counter for a Codeine-Free Pain Relief Alternative.

**\*vs. Paracetamol & Paracetamol + Codeine in dental pain studies.**

1. Mehlisch D et al. Clinical Therapeutics 2010;32(6):1033-49 2. Daniels S et al. Pain 2011;152:632-42  
Incorrect use could be harmful. Do not use if you have a stomach ulcer. If symptoms persist or side effects develop contact your pharmacist. Reckitt Benckiser, Auckland. 0508 731 234 TAPS DA1810HN

## Nurofen PLUS

Targeted relief from **strong** pain

Nurofen PLUS is a Pharmacist Only Medicine. Nurofen PLUS contains the added strength of a second pain reliever to help hit strong pain fast, before it takes hold. Nurofen PLUS is only available in pharmacies.

**Nurofen PLUS**

Available in 12, 24 or 30 tablet packs



Your Pharmacist's advice is required. Incorrect use could be harmful. Do not use if you have a stomach ulcer. Reckitt Benckiser, Auckland. 0508 731 234.

## Targeted relief from pain...

Nurofen provides fast, effective relief for mild pains like headaches so you can get on with life. Nurofen also relieves inflammation and reduces fever.

**Nurofen**

96 tablets

**\$21<sup>99</sup>**



**BEST BUY**  
96 tabs

Incorrect use could be harmful. Do not use if you have a stomach ulcer. Reckitt Benckiser, Auckland. 0508 731 234.



# Naturally healthy

# Naturally healthy

## Have you had your Inner Health Plus today?

Inner Health Plus is an exclusive, medical strength probiotic supplement to help:

- Improve general wellbeing
- Aid in the maintenance of healthy digestive function
- Maintain a normal healthy immune system
- Minimise the symptoms of bloating, gas and flatulence
- Maintain a balance of good bacteria if you have recently taken a course of antibiotics

**\$32<sup>99</sup>**

**Inner Health Plus**  
30 capsules

Supplementary to a balanced diet.  
Distributed by Health World (NZ) Limited.



## Keep well this summer

Thompson's High Strength Fish Oil is a rich source of Omega-3 fatty acids comprising of EPA and DHA, the essential fats required by the body and important for general health. Thompson's High Strength Fish Oil 1500 may help support a healthy cardiovascular system, as well as healthy joints and cognitive function.

**Thompson's High Strength Fish Oil**

**\$19<sup>99</sup>**  
200 capsules



**HALF PRICE**

\*Strictly while stocks last. Dietary supplements should not replace a balanced diet.  
Integria Healthcare (New Zealand) Ltd.

## Immune Formulation

Thompson's Immunofort provides a unique combination of nutrients to ensure healthy immune function. Antioxidant vitamins A, C & E, plus Zinc and Selenium may help reduce free radical damage.

Amino Acids support the thymus gland and production of anti-bodies. Additional minerals, Magnesium, Manganese, Iron and Copper help provide nutritional support for the immune system activities.

**Thompson's Immunofort**

60 tablets

**\$29<sup>99</sup>**

**BEST BUY**

Dietary supplements should not replace a balanced diet. Integria Healthcare.



## Essential care

Thursday Plantation Tea Tree Oil 100% pure and a naturally sourced broad spectrum antiseptic.

It can be applied to minor cuts, burns, sunburn, pimples, stings and bites. 100% pure and natural for essential care.

Your first aid kit in a bottle.

**\$9<sup>99</sup>**

**Tea Tree Oil**

15ml

Always read the label. Use only as directed. Discontinue use if sensitivity occurs. Integria Healthcare.



**50% EXTRA FREE!**

## Support immunity and digestion



### Nutra-Life Probiotica P3

Guaranteed live, acid-resistant probiotic (good) bacteria that support immunity and digestion without refrigeration. Each capsule contains approximately 20x the number of probiotic bacteria in a 150g pot of yogurt.

**Probiotica**  
14 caps **\$14<sup>99</sup>**

**Probiotica**  
40 caps **\$34<sup>99</sup>**

No refrigeration required

Always read the label. Use as directed. If symptoms persist, consult your healthcare professional. Vitamin supplements should not replace a balanced diet. Vitaco Health (NZ) Ltd, Auckland.  
TAPS approval # DA1610AS149

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. If symptoms persist or you have side effects, consult your pharmacist or doctor. Full product information is available from your pharmacist. Offers valid from 26 November to 10 December 2011 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP). Advertised products may not be available at all participating pharmacies.



## NZ's favourite joint support\*

Joint Care capsules provide a unique combination of Glucosamine Sulfate and Chondroitin, together with other important cofactor nutrients that your body needs to support healthy cartilage – the key to joint health and mobility. Taken daily, Nutra-Life Joint Care can help support healthy joints.

**Nutra-Life Joint Care**  
60 capsules

**\$22<sup>99</sup>**

\*Synovate Aztec Pharmacy Data, \$ Sales, 05/12/10 to 11/09/11. Vitamins are supplementary to a balanced diet. Vitaco Health (NZ) Ltd, Auckland.

**BEST BUY**



## Effective relief of constipation, the natural way



Senokot tablets contain naturally derived Senna which stimulates the muscles in the intestines to help one's digestive system get moving again. It provides gentle effective constipation relief in a more natural way, like figs and prunes.

**Senokot**  
100 tablets **\$12<sup>99</sup>**

In common with other laxatives – Senokot should not be given when undiagnosed acute or persistent abdominal pain is present. Reckitt Benckiser, Auckland. 0508 731 234.

## Support your cardiovascular health



Clinicians CardioCare is a unique and scientifically based formulation designed to maintain healthy cardiovascular function, including heart, circulation and blood vessels. CardioCare contains a unique combination of key amino acids, antioxidants and nutrients to support heart and circulatory health. CardioCare is specially designed to be well tolerated with Heart Medications.

**Clinicians CardioCare**  
50 capsules **\$44<sup>99</sup>**

Vitamins are not a replacement for a balanced diet. Natural Health Laboratories, Auckland.

## Living it up? Look after your liver!

The liver has everything to do with how we live.

Clinicians LiverProtect Plus is a two-in-one scientifically validated new formula for liver health. It can be taken daily for support or in higher doses as part of a detox programme. It contains a blend of botanicals to support overall liver function and toxin elimination.

**Clinicians LiverProtect Plus**  
50 capsules **\$30<sup>99</sup>**

Vitamins are not a replacement for a healthy diet. Natural Health Laboratories, Auckland.



**NEW!**

## Need a fast recovery?

Anti-Flamme soothes strained muscles, bumps, bruises and common sports injuries. Anti-Flamme contains natural ingredients including Arnica, Hypericum, Calendula and Peppermint Oil. Fast acting and recommended by New Zealand physiotherapists.



**\$24<sup>99</sup>**  
**Anti-Flamme**  
120g

Distributed by EBOS Healthcare, New Zealand

**33% FREE!**



# Children's health & wellbeing

## Drop-dead gorgeous – drop-dead effective!

Head lice is a notoriously frustrating problem. MOOV offers a complete solution for the detection and treatment of both head lice and nits. Using a powerful blend of essential oils rather than chemical insecticides, MOOV head lice products have a naturally pleasant smell and are easy to use.

Douglas Pharmaceuticals Ltd, Auckland.



**MOOV**

Headlice Sensitive 200ml

**\$18<sup>99</sup>**

Combing Conditioner 200ml

**\$18<sup>99</sup>**

Headlice Solution 200ml

**\$19<sup>99</sup>**

Defence Spray 120ml

**\$15<sup>99</sup>**

## Bubble bursting bath time

Make bath time fun! Simply pour directly under running water to create a mass of light and fluffy bubbles the kids will love. Proudly made in New Zealand.

**Bubble Bursting Bath Time** **\$4<sup>99</sup>** each

750ml

Distributed by USL Consumer Products, Auckland.



**HOT PRICE**

## For fast, effective pain and fever relief

Nurofen for Children provides fast, effective relief from pain and the discomfort of fever associated with teething, colds and flu, earache, and immunisation. It works to relieve fever for up to eight hours – **for Miles More Smiles.**



**Nurofen for Children**

100ml

**\$14<sup>99</sup>**

200ml

**\$22<sup>99</sup>**

Incorrect use could be harmful. Do not use if your child has a stomach ulcer. Seek medical advice before giving to children under one year. Do not give to babies under three months. Reckitt Benckiser, Auckland. 0508 731 234.

## Take away teething pain

Bonjela Teething Gel is a fast acting teething gel that provides targeted relief from the pain associated with teething.

When faced with the distress of teething it's good to know that just a little Bonjela Teething Gel on the trouble spot can help relieve pain immediately.

**\$8<sup>99</sup>**

**Bonjela**

15g



**BEST BUY**

Reckitt Benckiser, Auckland. 0508 731 234.

## A healthy nose is essential for a healthy baby

Young babies are obligate nose breathers. That's why it's so important to keep a baby's nose clear.

FESS Little Noses® is a non-medicated saline solution for newborns and babies. Available as a spray or drops to provide gentle relief from nasal congestion.

It helps relieve dry and blocked noses by loosening and thinning mucus.

For more information visit [www.fess.co.nz](http://www.fess.co.nz)

**FESS Little Noses®**



25ml drops with aspirator

**\$13<sup>99</sup>**

15ml spray with aspirator

**\$14<sup>99</sup>**

15ml spray (no aspirator)

**\$12<sup>99</sup>**

Distributed by Healthcare Logistics, Auckland

Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. If symptoms persist or you have side effects, consult your pharmacist or doctor. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 26 November to 10 December 2011 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP). Advertised products may not be available at all participating pharmacies.

# Skincare

## RHINO REPAIR®

Harnessing 12 natural ingredients for a potent healing solution

aloe vera / manuka / calendula / lavender / rosemary / rosehip vitamin E / echinacea / honey / neem / chamomile / apricot kernel

- Calms adverse skin conditions
- Soothes dry chapped skin
- Helps take the sting out of sunburn
- Use after shaving or waxing
- Apply on nappy rash
- Softens hard or cracked heels
- Use on face as a day and/or night cream

Trusted for over 10 years.

Made in Christchurch.

**Rhino Repair**

100g

**\$34<sup>99</sup>**



**SAFE**  
The voice for all animals



**WSPA**  
World Society for the Protection of Animals

## Dont forget to take care of your lips

A new single dose tablet treatment that heals cold sores fast. See your pharmacist now.

**Famvir Once**

1 dose



Famvir Once for the treatment of recurrent cold sores. Your pharmacist's advice is required. ®Registered trademark. Novartis Consumer Health Australasia Pty Ltd. New Zealand Office: Auckland. TAPS NA 4493.

## Calm your skin

Skincalm Cream reduces inflammation and promotes healing to soothe and calm your skin. Use for relief of minor skin irritations such as contact dermatitis, insect bites or allergies to household products. Skincalm is fragrance free and non greasy.

**Skincalm** 30g *Talk to your pharmacist*



Your Pharmacist's advice is required. Do not use on the face, anal or genital areas or on broken or infected skin. Do not use if pregnant or under two years old. Avoid prolonged use. Avoid contact with eyes. Valeant Pharmaceuticals New Zealand Ltd, 74 Westney Road, Airport Oaks, Auckland. Toll Free 0805 375 394.

## Buy Elgy Plus and get a FREE Pedicure Tool!\*

Elgy Plus is a non-greasy cream that provides fast, long lasting moisturisation and relief from dry, cracked feet and heels. Does not contain urea.



**Elgy Plus Twin Pack**

50g

**\$22<sup>99</sup>**

**Elgy Plus**

50g

**\$16<sup>99</sup>**



**FREE GIFT\***

\*When you purchase Elgy Plus 50g or Elgy Plus Twin Pack. While stocks last. AFT Pharmaceuticals Ltd, Auckland, NZ

## Keep your feet happy

Lamisil Athlete's Foot Cream is used to treat tinea between the toes commonly known as Athlete's Foot. Tinea is an infection of the skin caused by a type of fungi called dermatophytes.

**Lamisil** **\$20<sup>99</sup>**

15g



Novartis Consumer Health Australasia Pty Ltd, Auckland.



# Eye and ear care

# Health and wellbeing

## Take your eyes to a healthier place

Today's formula for ocular health is Complete Easy Rub MPS with a powerful formula for disinfection and the only formula for ocular protection. Suitable for all soft contact lenses.

**Complete Easy Rub** **\$19<sup>99</sup>**  
2 x 240ml + 60ml FREE

\*While stocks last. Abbott Medical Optics, Auckland 0800 266 701.



## Clear Eyes™ What a Relief

Clear Eyes™ Eye Drops can help provide relief from red, inflamed eyes fast and brightens eyes for up to eight hours\*. Clear Eyes™ Allergy Eye Drops can help provide relief from burning, itching and tearing eyes often associated with allergens. Clear Eyes™ soothes, moisturises and removes redness.



**\$10<sup>99</sup>** **Clear Eyes™ Allergy**  
15ml

**\$10<sup>99</sup>** **Clear Eyes™**  
15ml

\*Abelson MB, Butrus SI, Weston JH, Rosner B. 'Tolerance and absence of rebound vasodilation following topical ocular decongestant usage', Ophthalmology, 1984, Vol 91, Issue 11. Pages 1364 - 1367. Distributed by Healthcare Logistics, Auckland

## For easy ear wax removal

CleanEars is an preservative-free ear wax removal spray containing Squalene, Mineral Oil and Spearmint Oil.

- Preservative-free
- Suitable for children and adults
- No need to lie down or tilt head
- Allows for optimal dispersion through the ear canal
- Easy-to-use spray
- Dual action: irrigates and dissolves ear wax

**CleanEars** **\$18<sup>99</sup>**  
30ml



Distributed by USL Consumer Products, Auckland

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## Protect your precious hearing

### Snore Blockers

Powerful, snore-blocking soft foam earplugs.

### Dream Girl

Provides ultimate comfort for women with small or sensitive ear canals.

### Sound Asleep

Natural, drug-free sleeping solution.

**Snore Blockers/ Dream Girl/ Sound Asleep** **\$12<sup>99</sup>**  
12 pairs



The original silicone plugs: swim, sleep, study, shower, work, travel, sports, loud events, flying discomfort.

**Mack's Earplugs** **\$9<sup>99</sup>**  
2 pairs

Distributed by USL Consumer Products, Auckland.

## Relief from dry eyes

Long lasting relief from the feeling of dry, tired eyes. An advanced lubricating eye drop specifically formulated to provide protection and comfort for eyes that are dry, irritated, or uncomfortable.

### Blink Intensive Tears

**\$13<sup>99</sup>**  
15ml



Store at room temperature (<25°C. Read and retain the enclosed leaflet for a full list of precautions and instruction for use. Abbott Medical Optics 0800 266 700.

**TRY COFFEE FLAVOUR!**



## THE ELUSION ELECTRONIC CIGARETTE

### The healthy smoking alternative – anytime, anywhere

- Smoke and nicotine free
- Suitable for use in most public places
- Harmless to other people and the environment
- Cheaper than standard cigarettes
- Free from 4,000 chemical substances produced by the common cigarette
- Available in a variety of flavours, including Standard, Menthol and Coffee
- Coffee flavour is preferred by 80% of our consumers!

**Available from \$29<sup>99</sup>**

PRF International, Auckland

## Iron Melts

A great tasting Iron and Folic Acid supplement, Iron Melts™ literally melt in your mouth. The strength of Iron with a strawberry tingle.

**BUY 1 GET 1 FREE!**

**\$11<sup>99</sup>**  
**Iron Melts**  
50 tablets



Vitamins and minerals are supplementary to a balanced diet. Douglas Pharmaceuticals, Auckland.

## Love your heart!



**A healthy heart begins at home with an Omron Blood Pressure Monitor.**

Studies have shown that measuring your blood pressure with a blood pressure monitor provides very accurate results. Importantly, your doctor will find these results very useful in managing your health. Best of all, it's like a security system for your heart, alerting you and your doctor to any disturbances. Always consult your doctor to evaluate the readings.

Omron Blood Pressure Monitors are equipped with Intellisense™ technology and are Clinically proven for accuracy.

### Omron Deluxe Blood Pressure Monitor

**HEM7200**



- Clinically proven accuracy
- Guaranteed measurements with Intellisense™ technology
- Simple one touch operation
- 60 reading memory with date and time
- Averaging function
- Detects irregular heart beat and body movement for increased accuracy
- Blood Pressure Level Indicator
- Carry bag included

**\$139<sup>99</sup>**

### Heart Sure Blood Pressure Monitor

**BP100**  
**\$89<sup>99</sup>**



- Hypertension indicator
- Accurate results
- Pulse display
- Automatic inflation
- One-touch operation
- Memory function
- Large LCD display

**OMRON** **TRUSTED WORLDWIDE**

For people with high blood pressure. Check your device periodically for accuracy. Distributed by J A Davey.



# Special offers



## blessyou

remember what *freedom* feels like

**\$24.99**



**Razene**

Fast acting, non sedating, once daily treatment of hay fever, allergic conjunctivitis and insect bites. Suitable from 1 year of age and over.

**butacort 50**

Non sedating, twice daily treatment and short term prevention of hay fever. Works by reducing the swelling and inflammation associated with hay fever. Suitable from 12 years of age and over.

**\$17.99**



for your *allergy* relief

Razene (cetirizine HCl 10mg), and Butacort (budesonide 50mcg/spray) are pharmacy medicines. Although these medicines are unlikely to affect the ability to drive or operate machinery, a few people may be impaired and care should be taken. Mylan New Zealand Ltd, Auckland.

**EpiPen® provides on the spot treatment**

for severe allergic reactions in *simple steps*

**2**



**New Look EpiPen®**

**now with additional easy to use features**

**\$159.00**

For EpiPen and EpiPen Jr.



For the emergency treatment of anaphylaxis (acute severe allergic reactions) due to insect stings or bites, foods, medications or other allergens. Unfunded medicine - patients are required to pay the full cost. EpiPen® (Adrenaline 300 µg / 0.3 ml) and EpiPen Jr® (Adrenaline 150 µg / 0.3ml) are Pharmacist Only Medicines. Ask your doctor or pharmacist if EpiPen® is right for you. Full Consumer Medicine Information (CMI) is available from Mylan NZ Ltd or [www.medsafe.govt.nz](http://www.medsafe.govt.nz). EpiPen® is a registered trademark of Mylan Inc. Mylan NZ Ltd, Auckland. TAPS NA5224 DA 0911SV-53

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ADRENALINE AUTO-INJECTOR

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VALUED AT OVER  
**\$350**

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\*Special conditions apply, see instore for details. Prize may vary from that shown.

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Use all these products strictly as directed. Always read the label carefully and note any warnings or side effects. Incorrect use could be harmful. If symptoms persist or you have side effects, consult your pharmacist or doctor. Full product information is available from your pharmacist. Offers not available at all stores. Offers valid from 26 November to 10 December 2011 or while stocks last. Prices printed in this brochure are Recommended Resale Prices (RRP). Advertised products may not be available at all participating pharmacies.