# breads

Naan\$3.00Leavened bread made of<br/>refined flour baked in the<br/>tandoor.

Garlic Naan \$3.50 Leavened bread sprinkled with crushed garlic, baked in the tandoor.

\$5.00

# Keema Naan

Naan with a stuffing of spiced lamb mince.

Onion Kulcha \$4.00 Naan with a stuffing of onions and spices.

Chicken Naan \$5.00 Naan with a stuffing of mildly spiced chicken

Paneer Kulcha\$4.50Naan stuffed with home madeIndian cottage cheese and spices.

Paneer & Garlic Kulcha\$5.00Naan sprinkled with crushedgarlic, stuffed with home madeIndian cottage cheese and spices.Kashmiri Naan\$4.50

Naan topped with nuts and sultanas.

Naan stuffed with fresh seasoned vegetables and spices.

Tandoori Roti\$3.00Unleavened wholemeal flourbread baked in the tandoor.

Lacha Parantha \$4.00 Unleavened wholemeal flour bread layered with lashings of ghee. Baked in the tandoor.

Aloo Parantha \$4.00 Unleavened wholemeal flour bread stuffed with potatoes, onions and spices.

# desserts

Gulab Jamun\$6.00Creamed milk dumplingswithin a sweet syrup flavouredwith green cardamoms.Served warm.





Leh airport in Kashmir with the locals.

# drinks

Lassi sweet or salted Yoghurt based Indian dr	<b>\$4.50</b> ink
Mango Lassi Yoghurt and Mango drin	<b>\$5.50</b> k
<mark>Soft Drinks</mark> Coke, Diet Coke, Fanta, I Lemonade	<b>\$3.50</b> L&P,
Juice \$4.00 Orange, Pineapple, Apple, Tomato	
<mark>Mineral Water</mark> Sparkling, Still	\$5.00
Ginger Beer	\$4.00
Lemon, Lime & Bitters	\$4.00

5000 years ago, the Himalayan sages conceived the use of spices and herbs as a natural means to balance the metabolism of the body. This knowledge became the corner stone of the Ayurvedic 'Science of Medicine'. The recipes we use have come from the kitchen of our Grandmother PREMUIT KAUR GILL.



Our grandmother Premjit Kaur Gill

She has trained every one of Little India's head chefs in her own kitchen in CHANDIGRAH.

Health and happiness. Enjoy! The wonders of Little India cuisine can be enjoyed in YOUR OWN HOME where we can prepare your choice of menu and

# WAIT ON YOUR GUESTS.

Lunch Mon – Fri, 11.30am – 2.00pm

> Dinner 5.00pm – Till Late

## Auckland

501 New North Road, Kingsland. Ph: 09 845 6484 Waldorf Celestian Hotel, Ground Floor, 19–23 Anzac Avenue, Auckland City. Ph: 09 366 0711

Hamilton 4 Alexandra Street. Ph: 07 838 1620 Shop 21, Rototuna Shopping Centre. Ph: 07 852 5884

> **Tauranga** 113 The Strand. Ph: 07 579 0909

### Wellington

115 Cuba Mall. Ph: 04 384 2535 18 Blair Street. Ph: 04 384 9989 Mungavin Homestead, Mungavin Ave, Porirua. Ph: 04 238 2555 66 Bloomfield Terrace, Lower Hutt. Ph: 04 586 9030 The Mall, Logan Street, Upper Hutt. Ph: 04 528 7232

> **Nelson** 269 Hardy Street. Ph: 03 539 1155

Christchurch 38a Merivale Mall. Ph: 03 355 8330 Shop 4, 7 Halswell Road. Ph: 03 338 9030 Cnr New Regent & Gloucester Streets. Ph: 03 377 7997

> **Timaru** 58 The Bay Hill. Ph: 03 688 0561

**Dunedin** 308 Moray Place. Ph: 03 477 6559

Invercargill 11 The Crescent. Ph: 03 214 1555

Melbourne 2/308 Toorak Road, South Yarra, Victoria 3141. Ph: +61 3 9827 9455





www.littleindia.co.nz



# India. Reality



# Welcome to Little India.

501 New North Road, Kingsland. Ph 845 6484.

19–23 Anzac Avenue, City. Ph 366 0711.

# Order online www.littleindia.co.nz

for takeaways & home deliveries.



Family photo, Delhi, 1959. From top left: our great grandmother Nihal Kaur, Jasbir, Premjit, bottom row: Shammi, Jugnu, Sukhi and Sukhinder.

\$5.50

\$5.50

\$10.50

\$13.50

\$9.00

# starters

#### Vegetable Samosa

\$6.00 Flaky pastry, filled with diced potatoes, peas and cumin seed, then fried golden brown. Two Samosas per portion.

#### **Pakoras**

Fresh vegetables dipped in a spiced chick pea batter and finished in hot oil.

#### **Onion Bhaji**

Onion rings dipped in a spiced chick pea batter and finished in hot oil. Three Onion Bhajis per portion.

#### Paneer Aloo Tikki \$9.00 An interesting mixture of potatoes, home made Indian cottage cheese, onions and fresh coriander made into patties and finished in hot oil. A must for all vegetarians. Six Tikkis per portion.

**Paneer Pakoras** 

Home made Indian cottage cheese layered with spinach, then lightly dipped in a spiced chick pea batter and finished in hot oil. Six Pakoras per portion.

## Paneer Tikkas

Home made India cottage cheese marinated in voghurt and spices, skewered with green pepper and onions and roasted in the Tandoor. Six pieces per portion.

#### Aloo Chaat

A tangy and spicy mix of potato cubes, diced cucumber, tomato and onion seasoned with cumin powder and chaat masala.

Tandoori Mushrooms \$12.50 Mushrooms dipped in a spicy garlic and yoghurt marinade and cooked in the tandoor. Eight pieces per portion.

**Tandoori Prawns** \$16.00 Marinated prawns cooked in the tandoor. Eight pieces per portion.

Chooza Tikka \$13.50 Fillets of chicken marinated in yoghurt and spices overnight,

# tandoor. Five pieces per portion.

Malai Tikka \$13.50 Fillets of chicken marinated in yoghurt, crushed cashews, white pepper, cheese, fresh ground spices, then cooked in the tandoor. Five pieces per portion.

then skewered and cooked in the

Achaari Tikka

#### \$13.50 Fillets of chicken marinated overnight in Little India's own mix of yoghurt, mustard, fenugreek and onion seeds, then cooked in the tandoor. Five pieces per portion.

Tandoori Chicken(full) \$21.00 Tandoori Chicken(half) \$12.50

Tender spring chicken marinated with fresh herbs and spices, then skewered and cooked in the tandoor.

#### **Fish Tikka**

Filleted fish marinated in yoghurt, mustard oil and spices, skewered and cooked in the tandoor. Six pieces per portion.

\$13.50

#### Boti Kebab \$13.50 Diced lean lamb marinated overnight in a secret recipe and cooked in the tandoor. Six pieces per portion.

**Barra Kebab** \$15.50 Lamb chops dipped in a spicy marinade, skewered and cooked in the tandoor. Four pieces per portion.

Tandoori Platter for two \$25.00 Consists of Chooza Tikka, Malai Tikka, Achaari Tikka, Boti Kebab and Barra Kebab. A delightful array of Tandoori Kebabs.

Mixed Platter for two \$22.50 Consists of Vegetable Samosa, Onion Bhaji, Boti Kebab, Barra Kebab and Tandoori Chicken. Specially recommended by Little India.

# Vegetarian Platter for two \$18.00

Consists of Vegetable Samosa, Pakoras, Onion Bhaji, Paneer Pakoras and Paneer Aloo Tikki. A must for all vegetarians.

# mains

**Chicken Vindaloo** \$16.50 Lamb Vindaloo \$18.00 Prawn Vindaloo \$19.00 A hot dish, made world famous by the Chefs of Goa. It has a Portugese influence. It is cooked with vinegar, capsicum and whole spices. Peas Pulao is a real compliment to this dish.

#### **Murg Mumtaz** (Butter Chicken)

A world famous Indian delicacy. Also known as butter chicken. Half cooked the tandoori way and finished the curry way, with crushed cashews, cream and spices.

\$16.50

\$16.50

\$18.50

\$19.00

#### **Mango Chicken** \$16.50

Due to popular demand Little India has created its own unique recipe for Mango Chicken, Succulent chicken cooked in the tandoor and finished in our mouthwatering fragrant mango sauce.

#### Kadai Chicken Kadai Lamb Kadai Prawns

This mouth watering dish is cooked with crushed tomatoes, onions, cream and fresh coriander. It has a thick gravy and goes really well with one of our tandoori breads.

#### **Bhuna Chicken** \$16.50

Boneless spring chicken cooked with ginger, garlic, fresh coriander, capsicum, onions and spices.

**Bhuna Gosht** \$18.50 Diced lamb cooked with ginger, garlic, onions and spices.

#### **Murgee Madras** \$16.50 Lamb Madras \$18.00 A favourite with those who enjoy their curry hot. A South Indian dish with onions, ginger, garlic and spices.

Vegetable Pulao is a real compliment with this dish. **Chicken Saagwala** \$17.00

Lamb Saagwala \$18.50 **Prawn Saagwala** \$19.00 An abundance of spinach,

cooked with tomatoes, ginger, garlic and spices. \$18.50

#### Lamb Korma **Chicken Korma** \$16.50

Traditionally a mild dish cooked in a creamy sauce made of almond paste, cream and spices. Kashmiri Pulao

is a real compliment with this dish.

#### \$18.00 **Rogan Josh**

The master chefs of the Royal Mughal kitchens boasted about perfecting this dish. Lean lamb cooked with roasted and crushed spices.

Chicken Tikka Masala \$17.00 An internationally renowned dish. Boneless chicken cooked in a secret recipe of voghurt. cream and spices.

#### **Chicken Jhalfrezee** \$17.00 Lamb Ihalfrezee \$18.50 Prawn Jhalfrezee \$19.00 Jhalfrezee was one of the supreme dishes created during the days of the Raj. "Jhal" is hot and "frezee" is stir fried. Cooked with red capsicum, coconut milk, tomatoes, spring onions and spices.

**Bengali Fish** \$18.50 A popular East Indian fish dish. Cooked with ginger, garlic, onions, tomatoes and freshly ground spices.

Fish Malabari \$18.50 Prawn Malabari \$19.00 A Bombay speciality. Cooked with coconut, capsicum, tomatoes, cream and an assortment of spices.

Achaari Chicken \$17.00 Achaari Lamb \$18.50 Cooked with mustard oil, ginger, garlic, onion seeds, fenugreek seeds and spices. Intense in Indian pickle flavours, normally served hot.

Lamb Pasanda \$18.50 Diced lamb lightly sauteed with onions, garlic, ginger, coriander and tomatoes. Then cooked with spices, yoghurt and cream.

#### Lamb Dhansak \$18.50

Dhansak is a Parsi delicacy. Diced lean lamb cooked with lentils and vegetables, in a sauce tempered with coriander seeds, ginger, garlic and perfected with cooked pumpkin. Jeera rice is a real compliment with this dish.

#### \$18.00 \$19.00 \$21.00 Basmati rice cooked with chicken, lamb or prawns.

Infused with fresh spices and garnished with fresh coriander. A delicious wholesome meal served with raita, mixed pickle and poppadoms.

# vegetarian

Aloo Gobi \$13.50 Potatoes and florets of

cauliflower cooked with cumin seeds, turmeric, coriander and spices.

**Aloo Saag** \$14.50 Potatoes cooked with spinach and spices.

# Ganga Jamuna Subzi \$14.50

Fresh seasonal vegetables cooked with cumin seeds, turmeric, chopped tomatoes and spices.

#### **Aaloo Baingan** \$15.50

Sautéed eggplant and potato cooked with ginger, garlic, onions and tomatoes finished with freshly ground spices.

Subzi Bhaii \$14.50

Finely chopped seasonal vegetables cooked with garlic, ghee and a special mix of spices. cheese cooked with capsicum, onions, tomatoes and spices. Specially recommended by Little India. Daal Makhani \$13.50

Paneer Shimla Mirch \$15.50

Home made Indian cottage

# Black lentils and kidney beans cooked with ghee and spices.

#### Tarka Daal \$13.50 Yellow split lentils cooked with cumin seeds, ginger, garlic, tomatoes and turmeric.

Bombay Aloo \$11.50

Diced potatoes cooked with cumin seeds and spices. This is a dry dish.

#### Khumb Mattar \$14.50

Mushrooms and green peas cooked with garlic, cream and spices.



The Taj Mahal, a shrine built for love, Agra, India.

#### Malai Kofta \$15.00

Home made Indian cottage cheese, potatoes and spices mixed together and then finished in hot oil and served with a creamy gravy made of crushed cashews and spices.

#### **Mattar Paneer** \$15.00 Peas and home made Indian cottage cheese cooked with

tomatoes, spices and herbs. **Palak Paneer** \$15.50 Cubes of home made Indian cottage cheese cooked with spinach and spices.

#### Shahi Paneer \$15.50

Home made Indian cottage cheese cut in cubes and cooked with cream, tomatoes and crushed almonds.

#### Aloo Mattar \$14.50 Potatoes and peas cooked with

tomatoes and ground spices.

#### **Amritsari Chole** \$13.50

Chickpeas cooked with ginger, garlic, onions and tomatoes, finished with freshly ground spices and amchur, giving the dish unique North Indian flavours.

#### Vegetarian Biryani \$16.00

Basmati rice cooked with mixed seasonal vegetables Infused with freshly ground spices and garnished with coriander. A delicious wholesome meal served with raita, mixed pickle and poppadoms.

Good things take time, if you are in a hurry please let our friendly staff know • All dishes MSG free • All mains & starters gluten free (except Vegetable Samosa, Paneer Aloo Tikki & Malai Kofta)



**Chicken Biryani** Lamb Biryani Prawn Biryani

# sides & rice

#### Sides

Poppadom

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$1.00
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Raita \$3.50 Yoghurt mixed with cucumber and ground spices.

**Mint Chutney** \$3.50 Yoghurt mixed with mint, green chillies and spices.

\$3.50 Kechumber Diced onions, tomatoes, cucumber, coriander with a touch of lemon juice and spices.

Banana and Coconut \$3.50 Sliced bananas sprinkled with desiccated coconut.

#### Little India Chilly Chutney \$3.50

For the daring!!!

**Mixed Vegetable Pickle** \$3.50 Achar

**Mango Chutney** 

\$3.50

Tamarind \$3.50 A sweet but tangy sauce, a perfect match for our vegetarian starters.

#### Little India Salad

\$7.50 Onions, cucumber, cabbage and tomatoes with lemon juice and a special mix of spices.

#### **Onion Salad**

\$3.50

#### Rice

\$4.00 **Basmati Rice** Plain, steamed Basmati rice.

Jeera Rice \$6.50 Basmati rice cooked with cumin seeds.

Kashmiri Pulao \$6.50 Basmati rice mixed with cashews, almonds, sultanas and desiccated coconut.

**Peas Pulao** \$6.50 Basmati rice cooked with sauteed peas, onions and spices.

Mixed Vegetable Pulao \$7.50

Basmati rice cooked with fresh seasonal vegetables and spices.

**Chicken Pulao** \$10.00 Basmati rice cooked with tender boneless chicken, peas, onions and spices.

We use traditional TANDOORS which have a clay pot and are fired by charcoal.



This gives our naans and meats their GREAT FLAUOUR.

